



kcetb

Bord Oideachais agus Oiliúna
Chill Chainnigh agus Cheatharlach
Kilkenny and Carlow
Education and Training Board

County Carlow Adult Educational Guidance
& Information Service

Tel: 059 9133123

E: info@carlowadultguidance.ie

Language and Communications



ADULT LEARNING SERVICE - KCETB

Tullow Road, Carlow, R93 R2P0

T: 059 9135544 E: info@carlowadultlearningcentre.ie W: www.kcetb.ie

English for Speakers of Other Languages

If you want to improve your speaking and writing of English, we have English for Speakers of Other Languages (ESOL) programme which can help you. We offer beginners to upper intermediate level. Daytime and evening classes are available with QQI accreditation.

Communications

Courses include:

- QQI General Learning Level 1 including modules in Reading, Writing, Maths, Personal Development
- QQI General Learning Level 2 including modules in Reading, Writing, Maths, Personal Development
- QQI General Learning Level 3 including modules in Communications, Maths, Personal Development

BALLON BUSINESS AND TRAINING SERVICES

The Old School, Ballon, Co. Carlow, R93 C9H6

T: 059 9159447 E: ballonbts@gmail.com W: <https://www.ballonbts.com/>

Creative Writing

- **Creative Writing Beginners Course** (p/t)

Duration: 5 weeks

Start Date: At various times throughout the year based on demand

Timetable: 1 day per week for 2.5 hours

Course content: Poetry and Prose - Explore descriptive writing, metre & rhythm, symbolism, research, planning & editing. Interactive student course with in class writing and development exercises.

BARROW TRAINING AND CONSULTANCY

Unit 10, Enterprise House, O'Brien Road, Carlow, R93 YOY3

T: 059 9721416 E: marketing@barrowtraining.ie W: www.barrowtraining.ie

Communications

- **QQI Level 5 in Communications** – 5N0690 (p/t) *
- **QQI Level 6 in Communications** – 6N1950 (p/t) *

CARLOW COLLEGE (ST. PATRICK'S)

College Street, Carlow

T: 059 915 3200 E: info@carlowcollege.ie

W: <https://carlowcollege.ie/media/Postgraduate-PartTime-Prospectus.pdf>

Creative Writing

- Certificate in Creative Writing (Fiction) (p/t) *
- Certificate in Creative Writing (Poetry) (p/t) *

Communications

- Certificate in Oral History (p/t) *

CARLOW COUNTY LIBRARY SERVICE

T: 059 912 9705 E: library@carlowcoco.ie W: www.carlowlibraries.ie

FB: www.facebook.com/carlowcountylibraries Twitter: @CarlowLibraries

Library branches are in Carlow (059 912 9701), Tullow (059 913 6299), Muinebheag (059 912 9703) and Borris (059 917 0350)

Languages

Transparent Language Online is a free service, teaching new languages using a wide variety of lessons and activities. Working on any internet-connected device or computer, there are over 100 languages available, including an extensive English collection. Membership of the library service is required to use this service. For more details contact your local library, use the contact details above or check these links: www.carlowlibraries.ie <https://www.librariesireland.ie/elibrary/online-languages>

CARLOW FÁILTE ISTEACH PROGRAMME

T: 059 9720733 E: l Stevenson@carlowdevelopment.ie

W: www.carlowdevelopment.ie

English for Speakers of Other Languages

- **Conversational English classes** delivered from September to May in Carlow town and Tullow.

CARLOW KILKENNY SKILLNET

Carlow Gateway Business Centre, Athy road, Carlow R93 C7 P6

T: 059 9132152 E: admin@carlowkilkennyskillnet.ie W: <https://carlowkilkennyskillnet.ie/>

Self-directed online learning - <https://carlowkilkenny.mykademy.com/course/listing?>

Communications

- **Board Meeting & Presentation Skills** (p/t) - <https://carlowkilkenny.mykademy.com/board-meeting-presentation-skills>
- **Business Writing** (p/t) - <https://carlowkilkenny.mykademy.com/business-writing>
- **Delegation Skills** (p/t) - <https://carlowkilkenny.mykademy.com/delegation-skills>
- **Emotional Intelligence** (p/t) - <https://carlowkilkenny.mykademy.com/emotional-intelligence>
- **How to conduct effective meetings** (p/t) - <https://carlowkilkenny.mykademy.com/how-to-conduct-effective-meetings>
- **Influencing People Skills** (p/t) - <https://carlowkilkenny.mykademy.com/influencing-people-skills>
- **Negotiation Skills** (p/t) - <https://carlowkilkenny.mykademy.com/negotiation-skills>
- **Present Like a Pro** (p/t) - <https://carlowkilkenny.mykademy.com/present-like-a-pro>

EQUINOX EDUCATION SERVICES LTD

Carlow Gateway Business Centre, Athy Road, Carlow

T: 059 9179340/ 087 9975625 E: info@equinox4study.com W: www.equinoxlearnabroad.com

English for Speakers of Other Languages

Founded in 2005, Equinox Education Services (EES) is a multi-award-winning company that promotes international education programmes and cultural experiences in Ireland. Based in Carlow we offer face-to-face classes as well as on-line options.

- **Adult English Classes** - This course is for students who want to improve their general English. Classes are held Monday to Friday between 09:30am and 1pm.
- **Cambridge English Preparation Courses** - International Secondary school students. At the Cambridge English Preparation Courses, preparatory courses were designed two times a year during the academic year programme. The first is from September to December and the second from January to April. There are face-to-face lessons for students from Carlow and surrounding areas. Online course available to all other areas. We hold official Cambridge First & Cambridge Advanced exams in December and May each year. Evening Classes – 6:15pm to 20:15pm

GLÓR CHEATHARLACH

Áras na nÓg, Éire Óg, O Brien Road, Carlow

T: 085 1340047 E: emma@glorcheatharlach.ie W: www.glorcheatharlach.ie

Languages

Glor Cheatharlach is a local organisation committed to the promotion of the Irish language and culture in Carlow. For up-to-date information on Irish classes or conversational Irish groups, please contact Glór Cheatharlach.

Caint agus Comhrá Irish Group meets every Wednesday at 12pm in Lambert's Coffee House, Dublin Street, Carlow from September to May

KCETB CARLOW INSTITUTE OF FURTHER EDUCATION & TRAINING

Mortarstown Upper, Kilkenny Rd, Carlow, R93 X0FX

T: 059 9134230 E: info@carlowinstitute.ie W: <https://carlowinstitute.ie>

Apply online: <https://carlowinstitute.ie/apply-now/> or www.fetchcourses.ie

- **Business with Digital Marketing (f/t)*^**

Web Link: <https://www.fetchcourses.ie/course/finder?sfcw-courseid=370771>

Duration: 9 months

Start Date: 28/08/23

End Date: 31/05/24

Certification: QQI Level 5 Major Award in Business Studies

Timetable: Full time course

Course Content: Business Administration Skills, Customer Service, Desktop Publishing, Digital Marketing, eBusiness Studies, Marketing Practice, Spreadsheet Methods, Work Experience

- **Film Making and Directing (f/t)*^**

Web Link: <https://www.fetchcourses.ie/course/finder?sfcw-courseid=371056>
Duration: 9 months
Start Date: 26/08/23
End Date: 31/05/24
Certification: QQI Level 5 Major Award in Media Production
Timetable: Full-time course
Course Content: Cinematography Camera Operations, Communications, Film Production, Media Analysis, Scriptwriting, Sound Engineering & Production, Television and Film Editing, Work Experience

- **Film Post Production and Special Effects (f/t)*^**

Web Link: <https://www.fetchcourses.ie/course/finder?sfcw-courseid=371058>
Duration: 9 months
Start Date: 26/08/23
End Date: 31/05/24
Certification: QQI Level 5 Major Award in Media Production, Optional: Adobe Certified Professional exams in Photoshop, Premiere Pro and After Effects.
Timetable: Full-time course
Course Content: Communications, Design Skills, Digital Editing, Media Analysis, Multimedia Authoring, Sound Engineering & Production, Television and Film Editing, Work Experience

- **Graphic Design (Portfolio Preparation) (f/t) *^**

Web Link: <https://www.fetchcourses.ie/course/finder?sfcw-courseid=371063>
Duration: 9 months
Start Date: 28/08/23
End Date: 31/05/24
Certification: QQI Level 5 Major Award in Graphic Design
Timetable: Full-time course
Course Content: Combined Materials, Communications, Design Skills, Desktop Publishing, Digital Photography, Drawing, Graphic Design Skills, Work Experience

KCETB COMMUNITY EDUCATION

T: 059 9179376 E: fdunne@kcetb.ie W: www.kcetb.ie

Online courses are run throughout the year based on demand

- **Creative Writing**

For up-to-date information please contact Fiona.

KCETB EVENING CLASSES

Venue: Carlow Institute of Further Education and Training

Mortarstown Upper, Carlow, R93 X0FX

T: 059 9134230 E: applications@carlowinstitute.ie

Information and application: <https://carlowinstitute.ie/nightcollege/>

Languages

- **French (p/t)**
Content: Enjoy learning conversational French and discovering the culture of France. This class is suitable for those interested in learning the basic of the French language.
Start Date: Tuesday, 26/09/23
Timetable: 8 weeks from 7-9pm
- **Gaeilge (p/t)**
Content: If you would like to develop your conversational Irish, this course is an ideal opportunity to brush up skills and vocabulary and develop your confidence in speaking and listening to Irish.
Start Date: Tuesday, 26/09/23
Timetable: 8 weeks from 7-9pm
- **Sign Language (ISL) (p/t)**
Content: This 8-week course will introduce the basics of ISL communications.
Start Date: Tuesday, 26/09/23
Timetable: 8 weeks from 7-9pm
- **Spanish (p/t)**
Content: This course is suitable for those interested in improving their spoken Spanish. Enjoy learning conversational Spanish and discovering the culture of Spain.
Start Date: Tuesday, 26/09/23
Timetable: 8 weeks from 7-9pm

Venue: Colaiste Eoin, Hacketstown

Tel: 059 6471198 E: Mairead.tompkins@ceh.ie

- **Conversational Irish (p/t)**
Content: Learn to chat a cupla focal in a relaxed environment.
Duration: 6 weeks
Start Date: 25/09/23
End Date: 06/11/23
Timetable: 6 Mondays, 7pm - 8pm

LEARN WITH NALA

T: 1800 20 20 80 W: <https://www.learnwithnala.ie/>

Communications

- QQI Level 1 courses – Listening and Speaking, Reading, Writing
- QQI Level 2 courses – Listening and Speaking, Reading, Writing
- QQI Level 3 courses – Communications, Personal and Interpersonal Skills, Self-Advocacy

SETU CARLOW (PREVIOUSLY IT CARLOW) LIFELONG LEARNING

Kilkenny Road, Carlow

T: 059 9175280 E: lll.cw@setu.ie

W: <https://www.itcarlow.ie/study/lifelong-learning/lll-courses/parttime-courses-carlow.htm>

- QQI Level 6 Certificate in Groupwork and Facilitation Skills (p/t) *

PITMAN TRAINING CARLOW KILKENNY

Unit 1, Deerpark Business Complex, Dublin Rd, Carlow, R93 K409

T: 059 918 2415 / 085 163 9351 E: carlow@pitman-training.ie

W: www.pitman-training.ie/our-centres/carlow

- **Effective Business Communication** (p/t) *
- **Pitman English** (p/t) *
- **Pitman English Diploma** (p/t) *

RECOVERY COLLEGE SOUTH EAST

T: 086 1746330 E: enrolrecoverycollegesoutheast@gmail.com

W: <https://www.recoverycollegesoutheast.com/>

Communications

- **Much more than words**

Venue: Involvement, Centre, c/o St Dymphna's, Hospital, Carlow

Course Content: "Much more than words" – a space where you can share a poem, tell a short story, write a few words, sing a song, draw a picture or just sit, listen and enjoy. Open to everyone, it's fun, entertaining and a great way to meet people – a good way to express yourself and what may be going on for you in your world. Come along and give it a go!

Start Date: 22/09/23

End Date: Ongoing

Timetable: Fridays (11.30am-12.30pm)

- **Writing Group** **ONLINE**

This group is open to anyone, regardless of whether you are an experienced writer, a beginner or even just curious about creative writing. So, come along, join the group and give it a go.

Start Date: 20/09/23

End Date: Ongoing

Timetable: Wednesdays (3pm-4pm)

SAORED

E: info@saored.com W: <https://saored.com/>

English for Speakers of Other Languages

SaorEd is a free online education platform for refugees, international protection applicants and migrants over the age of 18 residing in Ireland. Courses include English, Information Technology (IT) and Career Preparation.

SOCIAL CARE TRAINING IRELAND

15 Dublin Street, Carlow, R93 NN88

T: 087 9576221 E: info@socialcarentraining.ie W: www.socialcarentraining.ie

- **Professional Report Writing for Social Care Professionals** (p/t)

ST. CATHERINE'S COMMUNITY SERVICES CENTRE

St. Joseph's Road, Carlow, R93 T4C6

T: 059 9138700 E: info@catherines.ie W: www.catherines.ie

- **International Women's Group** - this is an activity-based group through which women from new communities can meet other women and improve their English while gaining practical skills. Activities include Art, Cookery, Crafts, Jewellery Making. This group runs on Wednesdays (10am – 12pm)
- **Learning for Everyday Life** (p/t) *^
 - Contact: Andrea 059 9138706 E: andread@catherines.ie
 - Duration: 28 weeks
 - Start Date: September 2023
 - End Date: March 2024
 - Certification: QQI Level 3 Major Award
 - Timetable: Monday-Friday (9.45am-1pm)
 - Course Content: This course is aimed at people who want to improve their basic level of education and English and to develop their potential. Modules include - Career Preparation, Communications, IT Skills, Maths, Office Procedures, Personal Effectiveness

TOASTMASTERS

Communications

Toastmasters enables people to improve their communication and leadership skills through supportive clubs. Carlow Toastmasters currently hold meetings on the 1st and 3rd Wednesday of the month upstairs in Teach Dolmain, 74 Tullow Street, Carlow. Guests welcome. For further information please access their Facebook page - www.facebook.com/CarlowToastmasters

VOCATIONAL TRAINING OPPORTUNITIES SCHEME (VTOS)

1-3 Granby Row, Carlow

T: 059 9140311 E: bernadette.orourke@kilkennycarlowetb.ie W: www.fetchcourses.ie

- **English Language for the Workplace (Office Skills)** (f/t) *^
 - Web link: <https://www.fetchcourses.ie/course/finder?sfcw-courseid=391484>
 - Duration: 39 weeks
 - Start Date: 04/09/23
 - Certification: QQI Level 4 Major Award
 - Course Content: Bookkeeping and Accounts, Business English, Communications, Customer Service, English as a Second Language, Functional Mathematics, General Office Skills, Mathematics, Spreadsheet Methods, Word Processing, Work Experience

ONLINE/ BLENDED LEARNING WEBSITES

- Alison - www.alison.com
- BBC Learning English - <https://www.bbc.co.uk/learningenglish/english/>
- Carlow County Library Service - www.carlowlibraries.ie
- Carlow Kilkenny Skillnet – <https://carlowkilkennyskillnet.ie>
- Equinox Education Services Ltd - www.equinox4study.com
- FETCH Courses – www.fetchcourses.ie
- Forus Training - <https://forustraining.ie/course-categories/languages/>
- Gaelchultur (Irish classes) - www.gaelchultur.com
- Gael Linn (Irish classes) – www.gael-linn.ie/en/courses
- Irish Sign Language classes – www.irishdeafociety.ie
- Kilroy's College – www.kilroyscollege.ie
- Learn with NALA – <https://www.learnwithnala.ie/>
- Libraries Ireland Online Languages - <https://www.librariesireland.ie/elibrary/online-languages>
- Pitman Training - www.pitman-training.ie/our-centres/carlow
- Recovery College South East - <https://www.recoverycollegesoutheast.com/>
- SaorEd - <https://saored.com/>
- Social Care Training Ireland - www.socialcaretraining.ie

Although every effort is made to ensure that the information contained on this factsheet is accurate it is essential readers should check with the appropriate organisations for the latest information. Co. Carlow AEGIS accepts no responsibility for the accuracy of the information contained in this document or for any actions arising from its use.