

Frequently Asked Questions - Carlow Adult Guidance Service

Q . What are your opening hours

9am – 5pm (Lunch: 1pm – 2pm) Monday – Friday.

Q. Where are you located?

1A Meadow Court, Burrin Street, Carlow, R93 XR12.

Q. Who can make an appointment with the Guidance Counsellors?

Adults wishing to return to education and training; adults out of the labour market; those in receipt of a social welfare payment (including PUP); adults taking VTOS, BTEI, Community Education and Carlow Adult Learning Centre courses or former residents of designated institutions can avail of one-to-one guidance.

Q. What can a Guidance Counsellors help me with?

- Information on education and training opportunities - full-time, part-time, blended and online learning options.
- Help with applications e.g., to Third Level Colleges and Further Education Institutes.
- Information and assistance with applications for grant support and allowances e.g., SUSI/BTEA.
- Help with job search skills for the adult learner, CV and Interview preparation.

Q. How much is it to see a Guidance Counsellor?

The service we provide is FREE and CONFIDENTIAL.

Q. Can I make an appointment for my son/daughter?

Yes, if they are over 16 years old and out of formal education (second level education). Note: Under 18-year olds must complete a form signed by parent/guardian.

Q. What do I need to bring to my appointment?

You do not need to bring anything. However, if you have a CV this might assist in remembering courses/employment you have undertaken in the past.

Q. Are there any online/phone appointments if I have no transport or I am self-isolating?

Yes, we are happy to offer telephone appointments.

Q. How can I make an appointment?

Call us on 059-9133123 or simply click on the link [Microsoft Forms](#)

Co. Carlow Adult Guidance Service



COVID RESPONSE – We are OPEN with the following guidelines

- Please wear a face mask (provided)
- Use the hand sanitizer provided
- Complete the COVID self-declaration form
- If feeling unwell, displaying symptoms or a close contact of a person with COVID, contact the service and we will be delighted to arrange a telephone appointment instead